

# POTOMAC VALLEY TRACK CLUB

## Women's Decathlon Records - Day One

Group	Mark	Athlete	Age	Hometown	Year	Group	Mark	Athlete	Age	Hometown	Year
<b>100M DASH</b>						<b>HIGH JUMP</b>					
13-yr	14.43	Cassidy Davis	13	Clarksville, MD	2009	13-yr	1.32m	Cassidy Davis	13	Clarksville, MD	2009
14-yr	13.98	Cassidy Davis	14	Clarksville, MD	2010	14-yr	1.42m	Caitlin Davis	14	Clarksville, MD	2008
15-yr	14.03	Caitlin Davis	15	Clarksville, MD	2009	15-yr	1.37m	Caitlin & Kelly Davis	15	Clarksville, MD	2009
16-yr	13.5h	Michelle Pollitt	16	Woodstock, GA	2002	16-yr	1.44m	Michelle Pollitt	16	Woodstock, GA	2002
17-yr	13.36	Caitlin Davis	17	Clarksville, MD	2011		1.44m	Jennifer Evans	16	Clarksville, MD	2011
18-yr	14.39	Caitlin Davis	18	Clarksville, MD	2012	17-yr	1.44m	Jennifer Evans	17	Clarksville, MD	2012
19-29	14.16	Joyia Yorgey	23	Washington, DC	2006	18-yr	1.38m	Caitlin Davis	18	Clarksville, MD	2012
30-34						19-29	1.59m	Joyia Yorgey	23	Washington, DC	2006
35-39						30-34					
40-44						35-39					
45-49						40-44					
50-54						45-49					
55-59	15.61	Hillen von Maltzahn	58	Troy, NY	2007	50-54					
						55-59	1.21m	Hillen von Maltzahn	58	Troy, NY	2007
<b>LONG JUMP</b>						<b>400M DASH</b>					
13-yr	4.09m	Cassidy Davis	13	Clarksville, MD	2009	13-yr	73.00	Cassidy Davis	13	Clarksville, MD	2009
14-yr	4.17m	Cassidy Davis	14	Clarksville, MD	2010	14-yr	66.93	Cassidy Davis	14	Clarksville, MD	2010
15-yr	4.34m	Kelly Davis	15	Clarksville, MD	2009	15-yr	66.30	Cassidy Davis	15	Clarksville, MD	2011
16-yr	4.76m	Michelle Pollitt	16	Woodstock, GA	2002	16-yr	64.2h	Michelle Pollitt	16	Woodstock, GA	2002
17-yr	4.76m	Caitlin Davis	17	Clarksville, MD	2011	17-yr	68.24	Cynthia Hughell	17	Alexandria, VA	2010
18-yr	4.38m	Caitlin Davis	18	Clarksville, MD	2012	18-yr	74.2h	Kristi Link	18	Waldorf, MD	2002
19-29	4.87m	Joyia Yorgey	23	Washington, DC	2006	19-29	63.78	Joyia Yorgey	23	Washington, DC	2006
30-34						30-34					
35-39						35-39					
40-44						40-44					
45-49						45-49					
50-54						50-54					
55-59	3.97m	Hillen von Maltzahn	58	Troy, NY	2007	55-59	72.70	Hillen von Maltzahn	58	Troy, NY	2007
<b>SHOT PUT</b>						<b>1st DAY POINTS</b>					
13-yr	5.48m	Cassidy Davis	13	Clarksville, MD	2009	13-yr	1804	Cassidy Davis	13	Clarksville, MD	2009
14-yr	6.06m	Cassidy Davis	14	Clarksville, MD	2010	14-yr	2457	Caitlin Davis	14	Clarksville, MD	2008
15-yr	7.48m	Kelly Davis	15	Clarksville, MD	2009	15-yr	1986	Cassidy Davis	15	Clarksville, MD	2011
16-yr	8.99m	Jaida Jenkins	16	Mitchellville, MD	2012	16-yr	2619	Michelle Pollitt	16	Woodstock, GA	2002
17-yr	7.72m	Cynthia Hughell	17	Alexandria, VA	2010	17-yr	2375	Cynthia Hughell	17	Alexandria, VA	2010
18-yr	8.36m	Kristi Link	18	Waldorf, MD	2002	18-yr	1899	Caitlin Davis	18	Clarksville, MD	2012
19-29	10.69m	Joyia Yorgey	23	Washington, DC	2006	19-29	2958	Joyia Yorgey	23	Washington, DC	2006
30-34						30-34					
35-39						35-39					
40-44						40-44					
45-49						45-49					
50-54						50-54					
55-59	7.39m	Hillen von Maltzahn	58	Troy, NY	2007	55-59	3675	Hillen von Maltzahn	58	Troy, NY	2007

