

2018-2019 DMV Indoor Throws Series

“Open and Masters Athletes”

Event location: Prince George’s Sports & Learning Complex
8001 Sheriff Road, Landover, MD 20785

For information: call 301-785-3582 or email dmvthrowsclinic@gmail.com

Results by www.MDTimingllc.com

USATF Certified Officials: *Sanction Pending by USATF*

Onsite Registration: 1 event-\$15; 2 events-\$25; 3 events or pentathlon-\$30

Payment: cash, check, MO, credit card, payable to **Care Packages of Love, Inc.**

Events contested-shot put, weight & super weight

You may bring your indoor throwing equipment (most equipment will be provided).

*Special event- ultra weight pentathlon, **limited to first 12 athletes**

For the Pentathlon, register by mail with payment or email, along with a credit card to hold your spot.

Registration/Warm-up- 6:00-6:50 am / Competition- 7:00 am

Meet Dates - Thursdays:

December 6, 2018 shot put, weight, super weight

December 20, 2018 ultra weight pentathlon ONLY

January 10, 2019 shot put, weight, super weight

January 24, 2019 ultra weight pentathlon ONLY

February 7, 2019 shot put, weight, super weight

February 14, 2019 shot put, weight, super weight

March 7, 2019 shot put, weight, super weight **“Series Championship”**

Proceeds benefit, Care Packages of Love, Inc.

8787 Branch Ave, #158, Clinton, MD, 20735; a 501(c)3 nonprofit organization.1/11/2019