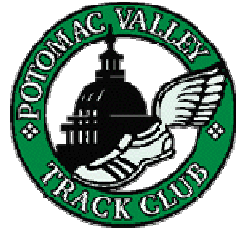




# Potomac Valley Track Club Easter Classic 5K and 10K Saturday, April 20, 2019 5K at 7:50 AM – 10K at 8:00 AM



## Bluemont Park South Shelter, 399 North Manchester Street, Arlington VA

- **Event:** Easter Classic 5K run or walk (7:50 AM) / 10K Run (8:00 AM), Saturday, April 20, 2019
- **Entry Fee:** On-line at [www.pvtc.org](http://www.pvtc.org) or mail by April 6: \$ 5 (PVTC members) \$10 (non-members)  
On-line at [www.pvtc.org](http://www.pvtc.org) or mail by April 13: \$10 (PVTC members) \$15 (non-members)  
On-line at [www.pvtc.org](http://www.pvtc.org) or mail by April 20: \$20 (PVTC members) \$20 (non-members)
- **Join us!** Join Potomac Valley Track Club and save \$5 on our races – see [www.pvtc.org/join](http://www.pvtc.org/join)
- **Directions:** From Route 50, turn north on Manchester Street until it ends  
Turn right onto free parking near the start line. Parking on nearby streets is ample and free.
- **Race-day:** On-site registration is open 6:45 AM to 7:45 AM – Race-day registration OK
- **Course:** Paved park roads, some hills, no road crossings – walker- and wheelchair-friendly
- **Race size:** About 100 in each race, 5K and 10K. Only one race per person. Must finish before 10:00 AM
- **Awards:** Flowers, chocolate bunnies, or Easter baskets for top 3  
in 10-year age groups (men and women), plus racewalkers
- **Post-race:** Refreshments to keep you warm
- **Contact:** Mike Cannon – [pvtracedirector@gmail.com](mailto:pvtracedirector@gmail.com) – 910-261-8446

Easter Classic bib number

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Send form and check to  
PVTC, 611 South Ivy Street, Arlington VA 22204  
or bring this form with you on race day

## PVTC ENTRY FORM



Name \_\_\_\_\_ Age on race day \_\_\_\_ M/F \_\_\_\_  
Address \_\_\_\_\_ Birthdate \_\_\_\_\_, \_\_\_\_\_  
City, State, ZIP \_\_\_\_\_ Phone \_\_\_\_\_  
E-mail \_\_\_\_\_

Event  5K  10K  I am a race walker  Wheelchair  
Enclosed is  \$ 5 (PVTC members)  \$10 (non-members) by April 6  
Late Entry  \$10 (PVTC members)  \$15 (non-members) by April 13  
 \$20 (PVTC members)  \$20 (non-members) by April 20  
 Here is an additional \$20 for membership  
 Here is an additional donation of \$ \_\_\_\_\_. Total enclosed: \$ \_\_\_\_\_  
 I will help as a volunteer. Please call me.  Send me a membership form

I know running a race is a potentially hazardous activity. I should not enter and run unless I am medically able and properly trained. I agree to abide by any decision of a race official relevant to my ability to safely complete this event. I assume all risks associated with running in this event, including, but not limited to: falls, contact with other participants, effects of the weather, including high heat and/or humidity, and conditions of the course, all such risks being known and appreciated by me. Having read this waiver and knowing these facts, and in consideration of your accepting my entry, I, for myself and anyone entitled to act on my behalf, waive and release all sponsors, including District of Columbia, Arlington County Virginia, their elected and appointed officials and employees, Northern Virginia Regional Park Authority, Potomac Valley Track Club, RRCA, and USATF, their officers, directors, agents, and employees, and all officials of this event from all claims or liabilities of any kind arising out of my participation in this event even though that liability may arise out of negligence or carelessness on the part of the persons named in this waiver. I understand this event is conducted under the regulations of National Park Service. I agree to release my name and photo for publicity purposes. I agree that my name and address may be provided to the sponsors of this event. I agree my entry fee is non-refundable. Parent or guardian must sign for children under 18.

Signature (Parent or Guardian if under 18) \_\_\_\_\_ Date \_\_\_\_\_