

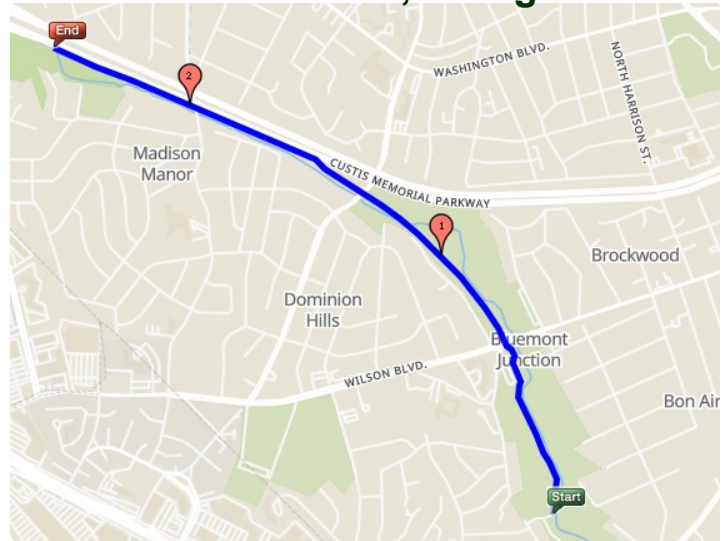


Potomac Valley Track Club Easter Classic 5K and 10K Saturday, April 8, 2023 5K at 7:50 AM – 10K at 8:00 AM



Bluemont Park South Shelter, 329 North Manchester Street, Arlington VA

- **Event:** Easter Classic 5K run or walk (7:50 AM) / 10K Run (8:00 AM), Saturday, April 8, 2023
- **Entry Fee:** On-line at www.pvtc.org or mail by April 1: \$10 (PVTC members) \$15 (members) On-line at www.pvtc.org or mail by April 1: \$20 (PVTC members) \$25 (non-members)
- **Join us!** Join Potomac Valley Track Club for \$20 and save \$5 on our races – see www.pvtc.org/join
- **Directions:** From Route 50, turn north to end of Manchester Street. Turn right onto free parking
- **Race-day:** On-site registration is open 6:45 AM to 7:45 AM – Race-day registration OK
- **Course:** Paved park roads, one hill, no crossings OK for walkers and wheelchairs
- **Race size:** About 100 in each race, 5K and 10K. Only one race per person. Must finish by 10:00 AM
- **Awards:** Flowers, chocolate bunnies, or Easter baskets for top 3 in 10-year age groups M/F, plus walkers
- **Post-race:** Refreshments to keep you warm
- **Contact:** Mike Cannon – pvtracedirector@gmail.com – 910-261-8446
- Enter on-line at <https://www.active.com/arlington-va/running/pvtc-easter-classic-2023>



Easter Classic bib number
____ _

Send form and check to
PVTC, 611 South Ivy Street, Arlington VA 22204
or bring this form with you on race day

PVTC ENTRY FORM



Name _____ Age on race day ____ M/F ____
Address _____ Birthdate _____,
City, State, ZIP _____ Phone _____
E-mail _____

Event 5K 10K I am a race walker Wheelchair
Enclosed is \$10 (PVTC members) \$20 (non-members) by April 1
Late Entry \$15 (PVTC members) \$25 (non-members) by April 8
 Here is an additional \$20 for membership
 Here is an additional donation of \$ _____. Total enclosed: \$ _____
 I will help as a volunteer. Please call me. Send me a membership form

I know running a race is a potentially hazardous activity. I should not enter and run unless I am medically able and properly trained. I agree to abide by any decision of a race official relevant to my ability to safely complete this event. I assume all risks associated with running in this event, including, but not limited to: CONTRACTION OF ILLNESS INCLUDING COVID19, falls, contact with other participants, effects of the weather, including high heat and/or humidity, and conditions of the course, all such risks being known and appreciated by me. Having read this waiver and knowing these facts, and in consideration of your accepting my entry, I, for myself and anyone entitled to act on my behalf, waive and release all sponsors, including District of Columbia, Arlington County Virginia, their elected and appointed officials and employees, Northern Virginia Regional Park Authority, Potomac Valley Track Club, RRCA, and USATF, their officers, directors, agents, and employees, and all officials of this event from all claims or liabilities of any kind arising out of my participation in this event even though that liability may arise out of negligence or carelessness on the part of the persons named in this waiver. I understand this event is conducted under the regulations of National Park Service. I agree to release my name and photo for publicity purposes. I agree that my name and address may be provided to the sponsors of this event. I agree my entry fee is non-refundable. Parent or guardian must sign for children under 18.

Signature (Parent or Guardian if under 18) _____ Date _____