

**MARYLAND THROWS MEET #1 RESULTS**  
**JULY 8, 2008**

**Javelin**

Dana Pounds	W24	600g	58.11m
Cathy Agoris	W18	600g	17.01m
Sharon Good	W75	400g	6.72m
James Barr	M40	800g	49.32m

**Shot Put**

Nick Agoris	M45	16#	12.47m
Dan Thiesen	M17	12#	10.48m
Casey Fitzpatrick	M17	12#	8.81m

**Hammer Throw**

Arleigh Rose	W18	4k	30.15m
Jerry Bookin-Weiner	M62	5k	39.20m
Mark Rose	M55	6k	28.10m

**Discus Throw**

Arleigh Rose	W18	1k	35.30m
Jim Barr	M40	2k	37.60m
Jerry Bookin-Weiner	M62	1k	36.21m
Jake Robbins	M17	2k	35.34m
Dan Thiesen	M17	1.6k	33.81m
Casey Fitzpatrick	M17	1.6k	29.33m
Mark Rose	M55	1.5k	22.63m

**MARYLAND THROWS MEET #2 RESULTS**  
**JULY 17, 2008**

**Javelin Throw**

Vernesse Thomas	W16	600g	20.79m
Jake Robbins	M17	800g	47.88m
Edward Robinson	M14	800g	31.87m
Darrell Dempster	M79	500g	14.18m

**Shot Put**

Sharon Good	W75	3k	3.93m
Tyler Blatchley	M22	16#	18.08m
Nick Agoris	M45	16#	12.66m
Dan Thiesen	M17	12#	10.79m
Darrell Dempster	M79	4k	6.40m

**Hammer Throw**

Arleigh Rose	W18	4k	30.24m
Sharon Good	W75	3k	10.67m
Brendan Morales	M17	12#	45.03m
Jerry Bookin-Weiner	M62	5k	40.24m
Mark Rose	M55	6k	27.44m
Darrell Dempster	M79	4k	15.18m

**Discus Throw**

Sharon Good	W75	1k	8.71m
Jerry Bookin-Weiner	M62	1k	37.17m
Jake Robbins	M17	2k	34.21m
Dan Thiesen	M17	1.6k	30.63m
Edward Robinson	M14	1.6k	22.80m
Darrell Dempster	M79	1k	22.71m

**MARYLAND THROWS MEET #3 RESULTS**  
**JULY 22, 2008**

**Javelin**

Jake Robbins	M17	800g	39.56m
Quentin Wilson	M48	800g	33.57m
Edward Robinson	M14	800g	29.28m
Tim Thierer	M17	800g	27.08m

**Shot Put**

Sarah Koehn	W17	4k	10.23m
Sharon Good	W75	3k	3.71m
Tyler Blatchley	M22	16#	17.61m
Tim Thierer	M17	12#	11.86m
Nick Agoris	M45	16#	11.62m
Dan Theisen	M17	12#	10.65m

**Discus Throw**

Sarah Koehn	W17	1k	32.02m
Sharon Good	W75	1k	8.57m
Steve Sarigiannis	M31	2k	49.13m
Jake Robbins	M17	2k	37.45m
Jerry Bookin-Weiner	M62	1k	34.52m
Dan Thiesen	M17	1.6k	31.30m
Thim Thierer	M17	2k	28.54m
Quentin Wilson	M48	2k	26.54m
Edward Robinson	M14	1.6k	21.29m

**MARYLAND THROWS MEET #4 RESULTS**  
**JULY 31, 2008**

**Javelin**

Jake Robbins	M17	800g	46.20m
Darrell Dempster	M79	500g	13.90m

**Shot Put**

Tyler Blatchley	M22	16#	17.31m
Jerry Bookin-Weiner	M62	5k	11.03m
Jim Pearce	M63	5k	9.17m
Darrell Dempster	M79	4k	6.41m

**Discus Throw**

Jerry Bookin-Weiner	M62	1k	39.68m
Jake Robbins	M17	2k	34.89m
Jim Pearce	M63	1k	31.13m
Darrell Dempster	M79	1k	21.74m

**Weight Throw**

Jerry Bookin-Weiner	M62	20#	15.08m
Darrell Dempster	M79	16#	8.88m