

## 34th Annual Potomac Valley Games 2009 - 9/5/2009 to 9/6/2009

## Falls Church H.S.

## Results - Weight Pentathlon

## Men Weight Pentathlon

	Points	HT	SP	DT	JT	WT
----- M35 -----						
1 Kunle Lawson		43.86m	12.97m	44.80m	35.95m	12.78m
Athens, OH		143-11	42-06.75	147-00	117-11	41-11.25
Age-Graded Mark:		43.86m	12.97m	44.80m	37.51m	13.10m
Age-Graded Percent:		50.56%	56.1%	60.48%	38.09%	50.67%
M37 Team Points: 10	3036	(575)	(665)	(763)	(406)	(627)
----- M40 -----						
1 Anthony Dziepak*		41.46m	8.36m	31.16m	26.00m	12.51m
Oakton, VA		136-00	27-05.25	102-03	85-04	41-00.5
Age-Graded Mark:		44.76m	8.58m	31.16m	29.33m	13.68m
Age-Graded Percent:		51.61%	37.14%	42.06%	29.79%	52.94%
M44 Team Points: 10	2428	(590)	(401)	(487)	(290)	(660)
2 Ram Nair*		12.41m	6.38m	13.51m	22.16m	5.12m
Fairfax, VA		40-08	20-11.25	44-04	72-08	16-09.75
Age-Graded Mark:		13.40m	6.55m	13.51m	25.00m	5.60m
Age-Graded Percent:		15.45%	28.34%	18.24%	25.39%	21.67%
M42 Team Points: 8	965	(91)	(281)	(153)	(230)	(210)
----- M50 -----						
DNF Hartley Palleschi		SCR	DNS	DNS		
West Chester, PA						
Age-Graded Mark:						
Age-Graded Percent:						
M54		(0)	(0)	(0)	(0)	(0)
----- M55 -----						
1 Gary Sutton		32.87m	9.38m	29.10m	28.64m	12.30m
Richmond, VA		107-10	30-09.25	95-06	93-11	40-04.25
Age-Graded Mark:		42.70m	11.94m	31.96m	40.26m	14.88m
Age-Graded Percent:		49.24%	51.68%	43.15%	40.89%	57.58%
M55 Team Points: 9	2836	(556)	(603)	(503)	(446)	(728)
----- M60 -----						
1 William Gainey*		30.91m	11.37m	40.16m	28.59m	12.11m
Clements, MD		101-05	37-03.75	131-09	93-09	39-08.75
Age-Graded Mark:		43.45m	14.44m	45.10m	42.32m	13.79m
Age-Graded Percent:		50.1%	62.47%	60.89%	42.98%	53.35%
M62 Team Points: 9	3235	(569)	(755)	(769)	(476)	(666)
2 James Pearce		29.51m	8.23m	30.55m	19.97m	10.87m
Columbia, MD		96-10	27-00	100-03	65-06	35-08
Age-Graded Mark:		41.48m	10.45m	34.31m	29.56m	12.38m
Age-Graded Percent:		47.83%	45.22%	46.32%	30.02%	47.89%
M64 Team Points: 8	2478	(536)	(513)	(550)	(293)	(586)
3 Robert Varsura		21.42m	7.35m	29.25m		
herden, VA		70-03	24-01.5	95-11		
Age-Graded Mark:		30.11m	9.33m	32.85m		
Age-Graded Percent:		34.72%	40.38%	44.35%		
M62 Team Points: 6	1318	(352)	(445)	(521)	(0)	(0)
----- M65 -----						

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1 Michael Valle	33.04m	10.20m	39.57m	27.09m	12.74m	
Hillsborough, NC	108-05	33-05.75	129-10	88-10	41-09.75	
Age-Graded Mark:	52.37m	15.01m	49.51m	44.68m	16.07m	
Age-Graded Percent:	60.38%	64.93%	66.84%	45.38%	62.15%	
M68 Team Points: 10	3672	(716)	(790)	(860)	(510)	(796)

2 Victor Litwinski*	21.66m	8.60m	33.25m	23.48m	8.38m	
McLean, VA	71-01	28-02.75	109-01	77-00	27-06	
Age-Graded Mark:	34.33m	12.65m	41.60m	38.73m	10.57m	
Age-Graded Percent:	39.58%	54.74%	56.17%	39.33%	40.88%	
M65 Team Points: 8	2671	(420)	(646)	(697)	(424)	(484)

## ---- M70 ----

1 Jack Kuhns	28.71m	10.50m	31.38m	27.02m	10.99m	
Edgewater, MD	94-02	34-05.5	102-11	88-08	36-00.75	
Age-Graded Mark:	46.25m	13.66m	44.33m	47.17m	14.22m	
Age-Graded Percent:	53.32%	59.12%	59.84%	47.91%	55.01%	
M70 Team Points: 10	3313	(615)	(708)	(753)	(547)	(690)

2 Lee McCabe*	20.88m	8.18m	28.80m	18.42m	9.23m	
Ellicott City, MD	68-06	26-10	94-06	60-05	30-03.5	
Age-Graded Mark:	33.64m	10.64m	40.68m	32.16m	11.94m	
Age-Graded Percent:	38.78%	46.06%	54.92%	32.66%	46.2%	
M70 Team Points: 8	2502	(409)	(524)	(678)	(330)	(561)

## ---- M80 ----

1 William Bergen	22.19m	7.11m	20.78m	12.50m	9.27m	
Dade City, FL	72-10	23-04	68-02	41-00	30-05	
Age-Graded Mark:	43.26m	11.01m	39.55m	25.76m	14.58m	
Age-Graded Percent:	49.88%	47.62%	53.39%	26.16%	56.39%	
M81 Team Points: 9	2718	(566)	(546)	(655)	(240)	(711)

1 Darrell Dempster*	18.38m	7.11m	21.34m	14.06m	9.89m	
Annapolis, MD	60-04	23-04	70-00	46-01	32-05.5	
Age-Graded Mark:	35.83m	11.01m	40.61m	28.98m	15.55m	
Age-Graded Percent:	41.31%	47.62%	54.83%	29.43%	60.16%	
M80 Team Points: 9	2718	(444)	(546)	(677)	(285)	(766)