

2019 PVTC Fall Throws Pentathlon/Open Meet Results

Alexandria, VA

10/13/2019

Hammer Throw

M40	John Porter	45.45 m
M45	Kunle Lawson	45.12 m
	Andrew Rennert	12.40 m
M50	James Barr	38.37 m
M55	Terry Noyes	49.56 m
M60	Hartley Palleschi	38.42 m
M65	Keith Mathis	19.86 m
M70	Rufus Jordan	37.63 m
	Fred Monesmith	37.21 m
M75	Ed Donnelly	26.92 m
	George Levendis	20.36 m
W11	Olivia Barr	15.99 m
W40	Stephanie Colby	32.89 m
W70	Wahidah Abdullah	15.92 m

Shot Put

M18	Elijah Deem	14.03 m
M45	Kunle Lawson	11.57 m
	Andrew Rennert	8.11 m
M50	James Barr	12.63 m
	Michael Bennett	11.88 m
M55	Matt Gottlieb	10.21 m
	Terry Noyes	10.02 m
M60	Hartley Palleschi	11.75 m
M65	Keith Mathis	8.14 m
M70	Fred Monesmith	11.25 m
	Rufus Jordan	7.99 m
M75	Ed Donnelly	8.85 m
M80	Henry Abbot	9.98 m
W11	Olivia Barr	8.85 m
W40	Stephanie Colby	8.29 m
W70	Wahidah Abdullah	4.75 m

Discus Throw

M18	Elijah Deem	36.52 m
M45	Kunle Lawson	39.04 m
	Andrew Rennert	22.20 m
M50	Michael Bennett	42.83 m
	James Barr	36.59 m
M55	Terry Noyes	33.52 m
	Matt Gottlieb	31.62 m
M60	Hartley Palleschi	36.89 m
M65	Keith Mathis	25.55 m
M70	Fred Monesmith	33.48 m
	Rufus Jordan	29.77 m
M75	Ed Donnelly	26.48 m
W12	Olivia Barr	19.18 m
W40	Stephanie Colby	29.58 m
W70	Wahidah Abdullah	12.25 m
W80	Rose Green	15.81 m

Javelin

M18	Elijah Deem	28.75 m
M45	Kunle Lawson	28.69 m
	Andrew Rennert	27.72 m
M50	James Barr	38.70 m

M55	Terry Noyes	34.78 m
M60	Hartley Palleschi	34.43 m
M65	Keith Mathis	28.35 m
M70	Fred Monesmith	29.86 m
	Rufus Jordan	25.11 m
M75	Ed Donnelly	19.85 m
W11	Olivia Barr	25.93 m
W40	Stephanie Colby	17.51 m
W70	Wahidah Abdullah	6.01 m

Weight Throw

M40	John Porter	13.98 m
M45	Kunle Lawson	13.53 m
	Andrew Rennert	6.52 m
M50	James Barr	13.53 m
M55	Terry Noyes	15.32 m
M60	Hartley Palleschi	12.95 m
M65	Keith Mathis	8.26 m
M70	Rufus Jordan	13.64 m
	Fred Monesmith	12.85 m
M75	Ed Donnelly	11.56 m
W11	Olivia Barr	4.78 m
W40	Stephanie Colby	10.53 m
W70	Wahidah Abdullah	6.68 m

Super Weight Throw

M40	John Porter	8.22 m
M45	Andrew Rennert	5.42 m
M50	James Barr	6.42 m
M55	Terry Noyes	7.36 m
M65	Keith Mathis	3.88 m
M70	Rufus Jordan	8.17 m
W40	Stephanie Colby	5.99 m
W70	Wahidah Abdullah	4.08 m

Age	Name	Total	PI	Hammer	HT Points	Shot Put	SP Points	Discus	DT Points	Javelin	JT Points	Weight	WT Points
M48	Kunle Lawson	3379	1	42.21	715	11.57	723	39.04	809	28.69	350	13.53	782
M49	Andrew Rennert	1664	2	13.33	138	8.11	471	22.20	401	27.72	334	6.52	320
M51	James Barr	3173	1	37.98	595	12.48	766	36.59	612	38.70	552	12.85	648
M58	Terry Noyes	3544	1	47.67	887	10.02	651	33.52	608	34.78	537	15.32	861
M64	Hartley Palleschi	3316	1	38.42	681	11.75	769	36.89	648	34.43	569	12.95	649
M67	Keith Mathis	2257	1	19.86	336	8.14	550	25.55	459	28.35	504	8.26	408
M71	Fred Monesmith	3493	1	37.21	743	10.87	723	33.48	721	29.86	591	12.85	715
M70	Rufus Jordan	3173	2	39.33	795	7.99	499	30.29	638	25.11	474	13.64	767
M77	Ed Donnelly	2932	1	26.92	584	8.85	629	26.48	623	19.85	407	11.56	689
W11	Olivia Barr	1512	1	15.86	197	8.58	437	18.44	250	25.93	400	4.78	228
W42	Stephanie Colby	2564	1	30.96	632	8.29	477	29.58	519	17.51	291	10.53	645
W72	Wahidah Abdullah	1961	1	15.92	504	4.75	452	12.25	372	6.01	153	6.68	480