

Licensed to Potomac Valley Track Club HY-TEK's Meet Manager 9/16/2022 09:45 PM
 2022 PV Games - 9/3/2022 to 9/4/2022
 Alexandria City HS
 Results

M6&U 100 Meter Dash

Name	Age Team	Finals	Wind	H#
Finals				
1 # 508 Lawson, James	M6 Maryville, TN	18.64	0.3	3
2 # 402 Adeleke, Adrian	M6 Washington, DC	20.80	0.3	3
3 # 597 Hill, Raymond	M6 Arlington, VA	21.26	0.9	1
4 # 569 Smoak, Nigel	M5 Alexandria, VA	23.49	0.3	3
5 # 428 Brown, Julius	M6 Woodbridge, VA	23.52	0.3	3
6 # 512 Lee, William	M4 Alexandria, VA	25.02	0.3	3

W6&U 100 Meter Dash

Name	Age Team	Finals	Wind
1 # 413 Bacak, Madelyn	W6 Fairfax, VA	23.40	0.9
2 # 455 Dunn, Holly	W4 Ashburn, VA	26.00	0.9

M7-8 100 Meter Dash

Name	Age Team	Finals	Wind	H#
1 # 565 Simpson, Logan	M7 Bowie, MD	17.22	1.2	4
2 # 456 Dunn, Jason	M7 Ashburn, VA	19.03	1.2	4
3 # 481 Hernandez, Rylan	M7 Arnold, MD	20.61	1.2	4

W7-8 100 Meter Dash

Name	Age Team	Finals	Wind
1 # 511 Lee, Victoria	W7 Alexandria, VA	17.69	0.9
2 # 598 Hill, Hannah	W8 Arlington, VA	18.83	0.9
3 # 526 McGinley, Alice	W8 Vienna, VA	20.15	0.9

M9-10 100 Meter Dash

Name	Age Team	Finals	Wind	H#
1 # 432 Bryant, Joshua	M10 Washington, DC	14.57	1.2	4
2 # 412 Bacak, Alex	M9 Fairfax, VA	18.63	1.2	4

W9-10 100 Meter Dash

Name	Age Team	Finals	Wind	H#
1 # 564 Simpson, Arielle	W9 Bowie, MD	16.06	+0.0	2
2 # 480 Hernandez, Alexa	W9 Arnold, MD	17.11	+0.0	2
3 # 482 Hickey, Ella	W10 Washington, DC	17.60	+0.0	2

W11-12 100 Meter Dash

Name	Age Team	Finals	Wind	H#
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Name	Age Team	Finals	Wind	H#
1 # 562 Scott, Paris	W11 Silver Spring, MD	15.05	+0.0	2

M13-14 100 Meter Dash

Name	Age Team	Finals	Wind	H#
1 # 484 Hickey, Ray	M14 Washington, DC	16.00	1.2	4

W13-14 100 Meter Dash

Name	Age Team	Finals	Wind	H#
1 # 561 Scott, London	W13 Silver Spring, MD	15.18	+0.0	2

M15-16 100 Meter Dash

Name	Age Team	Finals	Wind	H#
1 # 542 Padgett, Jay	M15 Washington, MD	11.93	1.7	11
2 # 502 Knudson, Jonas	M16 Falls Church, VA	12.39	1.5	12
3 # 452 Dieterle, Wyatt	M15 Washington, DC	12.51	1.2	4

M17-18 100 Meter Dash

Name	Age Team	Finals	Wind	H#
1 # 464 Foddrell, Jaidyn	M17 Nokesville, VA	11.60	1.5	12
2 # 408 Ashbrook, Quinn	M17 Nokesville, VA	12.21	1.5	12

W17-18 100 Meter Dash

Name	Age Team	Finals	Wind	H#
1 # 461 Edson, Dorothy	W17 Arlington, VA	14.40	0.3	5

M19-24 100 Meter Dash

Name	Age Team	Finals	Wind	H#
1 # 492 Juste-Cooke, Jaha	M20 Severn, MD	11.87	1.7	11
2 # 596 Murray, Shawn	M23 Arlington, VA	11.89	1.7	11
3 # 435 Carroll, Tyke	M24 Richmond, VA	12.94	1.7	11
4 # 558 Salazar, Nick	M19 Annandale, VA	13.16	1.7	11

W19-24 100 Meter Dash

Name	Age Team	Finals	Wind	H#
1 # 575 Thornton-Fillyaw,	W20 Adelphi, MD	13.54	0.3	5

M25-29 100 Meter Dash

Name	Age Team	Finals	Wind	H#
1 # 463 Fitzgerald, Ronni	M25 Chesterfield, VA	11.42	1.7	11

2 #	529 McGuire, CJ	M26 Washington, DC	11.72	1.7	11
2 #	415 Barnett, Taaj	M28 Pittsburgh, PA	11.72	0.2	10
4 #	603 Schneider, Will	M29 Alexandria, VA	12.33	1.7	11

W25-29 100 Meter Dash

Name	Age Team	Finals	Wind	H#
1 # 488 Hui, G	W27 Arlington, VA	15.15	0.3	5

M30 100 Meter Dash

Name	Age Team	Finals	Wind	H#
1 # 556 Rudolph, Wren	M31 Arlington, VA	12.76	0.2	10

M35 100 Meter Dash

Name	Age Team	Finals	Wind	H#
1 # 467 Freeman, Manju	M39 Upper Marlboro, MD	12.07	0.2	10
2 # 440 Chew, Ryan	M36 Silver Spring, MD	13.34	0.2	10
3 # 459 Edminster, Scott	M39 Arlington, VA	14.30	0.2	10

M40 100 Meter Dash

Name	Age Team	Finals	Wind	H#
1 # 576 Todd, Blair	M44 Yorktown, VA	13.12	1.5	9
2 # 448 Davis, Dwayne	M44 Accokeek, Md, MD	14.17	1.5	9

W40 100 Meter Dash

Name	Age Team	Finals	Wind	H#
1 # 543 Padilla, Antoinet	W40 Jamaica, NY	12.11	1.5	12
2 # 516 Majors, Ann	W44 Winston-Salem, NC	13.84	0.3	5
3 # 497 Kelly, Nicole	W41 Greensboro, NC	14.05	0.3	5

M45 100 Meter Dash

Name	Age Team	Finals	Wind	H#
1 # 501 Knudson, Adam	M47 Falls Church, VA	13.59	1.5	9
2 # 602 Stephens, Mark	M49 Alexandria, VA	14.19	1.5	9

W45 100 Meter Dash

Name	Age Team	Finals	Wind	H#
1 # 525 McFarland, Casi	W48 Kensington, VA	15.31	1.4	6
2 # 462 Ewing-Johnson, Ti	W47 Hillside, NJ	16.12	1.4	6

M55 100 Meter Dash

Name	Age Team	Finals	Wind	H#
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1 #	536 Muhammad, Curtis	M57 Columbia, MD	13.14	1.5	9
2 #	531 Mitchell, Gerald	M59 Durham, NC	13.86	1.5	9

M60 100 Meter Dash

Name	Age Team	Finals	Wind	H#
1 # 473 Gold, Jeff	M60 Odenton, MD	13.33	0.1	8
2 # 570 Spruill, Willie	M64 Henrico, VA	13.74	0.1	8
3 # 405 Allen, Galen	M63 Harrisburg, VA	14.61	0.1	8
-- # 577 Tolin, Zac	M61 Rockville, VA	DNF	0.1	8

W60 100 Meter Dash

Name	Age Team	Finals	Wind	H#
1 # 466 Frazier, Karen	W62 Washington, DC	18.28	1.4	6

M65 100 Meter Dash

Name	Age Team	Finals	Wind	H#
1 # 426 Brooks, John	M67 Chester, VA	13.97	0.1	8

M70 100 Meter Dash

Name	Age Team	Finals	Wind	H#
1 # 433 Campbell, Scott	M71 Springfield, VA	20.64	0.9	7

M75 100 Meter Dash

Name	Age Team	Finals	Wind	H#
1 # 504 Koontz, Bob	M78 Waldorf, MD	15.91	0.9	7

W75 100 Meter Dash

Name	Age Team	Finals	Wind	H#
1 # 586 White, Mary	W75 Arlington, VA	18.86	1.4	6

M80 100 Meter Dash

Name	Age Team	Finals	Wind	H#
1 # 554 Rhoad, William	M81 Raleigh, NC	20.93	0.9	7
2 # 500 Kline, Barry	M82 Washington, PA	21.60	0.9	7

W80 100 Meter Dash

Name	Age Team	Finals	Wind	H#
1 # 477 Green, Rose	W84 Upper Marlboro, MD	23.19	1.4	6

M6&U 200 Meter Dash

Name	Age	Team	Finals	Wind	H#
1 # 508 Lawson, James	M6	Maryville, TN	42.07	2.6	2
2 # 402 Adeleke, Adrian	M6	Washington, DC	46.45	2.6	2
3 # 597 Hill, Raymond	M6	Arlington, VA	48.42	2.6	2
4 # 512 Lee, William	M4	Alexandria, VA	1:04.23	2.6	2

W6&U 200 Meter Dash

Name	Age	Team	Finals	Wind
1 # 455 Dunn, Holly	W4	Ashburn, VA	1:03.34	2.6

M7-8 200 Meter Dash

Name	Age	Team	Finals	Wind	H#
1 # 565 Simpson, Logan	M7	Bowie, MD	42.53	2.6	2
2 # 456 Dunn, Jason	M7	Ashburn, VA	42.81	1.9	3
3 # 481 Hernandez, Rylan	M7	Arnold, MD	45.39	1.9	3

W7-8 200 Meter Dash

Name	Age	Team	Finals	Wind
1 # 511 Lee, Victoria	W7	Alexandria, VA	38.21	2.6
2 # 598 Hill, Hannah	W8	Arlington, VA	43.52	2.6

M9-10 200 Meter Dash

Name	Age	Team	Finals	Wind	H#
1 # 432 Bryant, Joshua	M10	Washington, DC	31.59	1.9	3

W9-10 200 Meter Dash

Name	Age	Team	Finals	Wind
1 # 564 Simpson, Arielle	W9	Bowie, MD	35.64	2.6
2 # 480 Hernandez, Alexa	W9	Arnold, MD	36.76	2.6

M15-16 200 Meter Dash

Name	Age	Team	Finals	Wind	H#
1 # 542 Padgett, Jay	M15	Washington, MD	23.96	1.3	6
2 # 545 Peace, Johnnie	M15	Silver Spring, MD	25.31	1.3	6
3 # 452 Dieterle, Wyatt	M15	Washington, DC	26.07	1.9	3

M17-18 200 Meter Dash

Name	Age	Team	Finals	Wind	H#
1 # 464 Foddrell, Jaidyn	M17	Nokesville, VA	23.27	1.3	6

W17-18 200 Meter Dash

Name	Age	Team	Finals	Wind	H#
1 # 461 Edson, Dorothy	W17	Arlington, VA	29.85	2.4	5

M19-24 200 Meter Dash

Name	Age	Team	Finals	Wind	H#
1 # 425 Brass, Dainen	M24	Richmond, VA	23.17	1.3	6
2 # 492 Juste-Cooke, Jaha	M20	Severn, MD	23.91	1.3	6
3 # 435 Carroll, Tyke	M24	Richmond, VA	25.90	1.3	6

W19-24 200 Meter Dash

Name	Age	Team	Finals	Wind	H#
1 # 575 Thornton-Fillyaw,	W20	Adelphi, MD	28.45	2.4	5

M25-29 200 Meter Dash

Name	Age	Team	Finals	Wind	H#
1 # 529 McGuire, CJ	M26	Washington, DC	23.81	1.6	7
2 # 475 Goolsby, Lozie	M25	Alexandria, VA	23.92	1.6	7
3 # 415 Barnett, Taaaj	M28	Pittsburgh, PA	23.96	1.6	7
4 # 603 Schneider, Will	M29	Alexandria, VA	24.64	1.6	7

W25-29 200 Meter Dash

Name	Age	Team	Finals	Wind	H#
1 # 514 Roberts, Kiara	W26	Alexandria, VA	26.58	2.4	5

M30 200 Meter Dash

Name	Age	Team	Finals	Wind	H#
1 # 593 Winter, Otto	M33	Pasadena, MD	25.22	1.6	7
2 # 556 Rudolph, Wren	M31	Arlington, VA	25.92	1.6	7

M35 200 Meter Dash

Name	Age	Team	Finals	Wind	H#
1 # 467 Freeman, Manju	M39	Upper Marlboro, MD	24.77	2.9	8
2 # 440 Chew, Ryan	M36	Silver Spring, MD	26.68	2.9	8

W35 200 Meter Dash

Name	Age	Team	Finals	Wind	H#
1 # 532 Moak, Kristin	W38	Fairfax, VA	32.71	2.4	5

W40 200 Meter Dash

Name	Age	Team	Finals	Wind	H#
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1 #	543 Padilla, Antoinet	W40 Jamaica, NY	24.97	2.1	4
2 #	516 Majors, Ann	W44 Winston-Salem, NC	28.07	2.1	4
3 #	497 Kelly, Nicole	W41 Greensboro, NC	29.09	2.1	4

M40 200 Meter Dash

Name	Age Team	Finals	Wind	H#
1 # 576 Todd, Blair	M44 Yorktown, VA	27.95	2.9	8
2 # 448 Davis, Dwayne	M44 Accokeek, Md, MD	29.70	2.9	8

M45 200 Meter Dash

Name	Age Team	Finals	Wind	H#
1 # 602 Stephens, Mark	M49 Alexandria, VA	28.36	2.9	8

M55 200 Meter Dash

Name	Age Team	Finals	Wind	H#
1 # 531 Mitchell, Gerald	M59 Durham, NC	27.70	2.9	8

M60 200 Meter Dash

Name	Age Team	Finals	Wind	H#
1 # 469 Friend, Byron	M64 Laurel, DE	28.01	1.8	9
2 # 570 Spruill, Willie	M64 Henrico, VA	29.00	1.8	9

W60 200 Meter Dash

Name	Age Team	Finals	Wind	H#
1 # 466 Frazier, Karen	W62 Washington, DC	38.41	2.1	4

M65 200 Meter Dash

Name	Age Team	Finals	Wind	H#
1 # 426 Brooks, John	M67 Chester, VA	28.42	1.8	9

M70 200 Meter Dash

Name	Age Team	Finals	Wind	H#
1 # 423 Bowen, Robert	M70 Martinsburg, WV	28.04	1.8	9

M80 200 Meter Dash

Name	Age Team	Finals	Wind	H#
1 # 55, William	M81 Raleigh, NC	48.87	1.8	9

M6&U 400 Meter Dash

Name	Age Team	Finals
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1 #	512 Lee, William	M4 Alexandria, VA	2:05.96
2 #	599 Walchinsky, Alexa	M4 Alexandria, VA	2:18.17
3 #	600 Walchinsky, Theod	M6 Alexandria, VA	2:19.83

M7-8 400 Meter Dash

Name	Age Team	Finals
1 # 456 Dunn, Jason	M7 Ashburn, VA	1:41.90

W7-8 400 Meter Dash

Name	Age Team	Finals
1 # 511 Lee, Victoria	W7 Alexandria, VA	1:35.46

W11-12 400 Meter Dash

Name	Age Team	Finals
1 # 562 Scott, Paris	W11 Silver Spring, MD	1:06.28

W13-14 400 Meter Dash

Name	Age Team	Finals
1 # 572 Strong, Vivien	W13 Colorado Springs, C	1:05.87
2 # 561 Scott, London	W13 Silver Spring, MD	1:07.85

M17-18 400 Meter Dash

Name	Age Team	Finals	H#
1 # 563 Shaia, Alex	M18 Oradell, NJ	52.75	5

W17-18 400 Meter Dash

Name	Age Team	Finals	H#
1 # 461 Edson, Dorothy	W17 Arlington, VA	1:13.55	2

M19-24 400 Meter Dash

Name	Age Team	Finals	H#
1 # 425 Brass, Dainen	M24 Richmond, VA	52.34	5
2 # 558 Salazar, Nick	M19 Annandale, VA	1:02.99	5

M25-29 400 Meter Dash

Name	Age Team	Finals	H#
1 # 475 Goolsby, Lozie	M25 Alexandria, VA	52.12	5

M30 400 Meter Dash

Name	Age Team	Finals	H#
1 # 593 Winter, Otto	M33 Pasadena, MD	56.30	4

M35 400 Meter Dash

Name	Age Team	Finals	H#
1 # 440 Chew, Ryan	M36 Silver Spring, MD	59.18	4

W35 400 Meter Dash

Name	Age Team	Finals	H#
1 # 532 Moak, Kristin	W38 Fairfax, VA	1:11.97	2

M50 400 Meter Dash

Name	Age Team	Finals	H#
1 # 568 Smith, Leland	M50 Fredericksburg, VA	1:00.32	4

M60 400 Meter Dash

Name	Age Team	Finals	H#
1 # 469 Friend, Byron	M64 Laurel, DE	1:09.93	3

M65 400 Meter Dash

Name	Age Team	Finals	H#
1 # 454 Draim, Robert	M68 Alexandria, VA	2:11.25	3

W65 400 Meter Dash

Name	Age Team	Finals	H#
1 # 422 Blank, Betty	W69 Falls Church, VA	2:06.86	2

M70 400 Meter Dash

Name	Age Team	Finals	H#
1 # 494 Kalnas, Michael	M71 Paulsboro, NJ	2:01.48	3

W70 400 Meter Dash

Name	Age Team	Finals	H#
1 # 548 Phillips, Hannah	W70 Alexandria, VA	1:34.11	2

W80 400 Meter Dash

Name	Age Team	Finals	H#
1 # 477 Green, Rose	W84 Upper Marlboro, MD	2:21.32	2

M17-18 800 Meter Run

Name	Age Team	Finals	H#
1 # 538 Nakahara, Will	M18 Exton, PA	1:59.63	3
2 # 592 Wilson, Eli	M17 Alexandria, VA	2:07.50	3

M19-24 800 Meter Run

Name	Age Team	Finals	H#
1 # 558 Salazar, Nick	M19 Annandale, VA	2:36.25	3

M30 800 Meter Run

Name	Age Team	Finals	H#
1 # 460 Edmonds III, Roos	M34 Harrisonburg, VA	2:13.11	3

M35 800 Meter Run

Name	Age Team	Finals	H#
1 # 566 Simpson, Raffaele	M38 Princess Anne, MD	2:29.07	3

W35 800 Meter Run

Name	Age Team	Finals	H#
1 # 532 Moak, Kristin	W38 Fairfax, VA	2:46.98	2

M40 800 Meter Run

Name	Age Team	Finals	H#
1 # 457 Dunn, Paul	M40 Ashburn, VA	2:30.83	3

M55 800 Meter Run

Name	Age Team	Finals	H#
1 # 414 Bandettini, Peter	M56 Washington, DC	2:25.27	3
2 # 580 Van Tassel, Josh	M57 Gerrardstown, WV	2:31.20	3

W65 800 Meter Run

Name	Age Team	Finals	H#
1 # 523 Mayhugh, Mary Low	W66 Washington, DC	3:49.55	2

M65 800 Meter Run

Name	Age Team	Finals	H#
1 # 581 Vanderhoof, Gary	M66 Washington, DC	2:38.20	2
2 # 411 Austin, Ulysses	M68 Laurel, VA	2:46.91	2

M70 800 Meter Run

Name	Age Team	Finals	H#
1 # 487 Hower, Rick	M71 Reston, VA	2:43.50	2
2 # 444 Conover, David	M71 Great Falls, VA	3:31.52	2

M35 1 Mile Run

Name	Age Team	Finals	H#
1 # 486 Holman, Luke	M38 McLean, VA	4:57.91	3

W35 1 Mile Run

Name	Age Team	Finals	H#
1 # 532 Moak, Kristin	W38 Fairfax, VA	6:00.09	2

M40 1 Mile Run

Name	Age Team	Finals	H#
1 # 583 Walchinsky, Mark	M43 Alexandria, VA	5:10.20	3
2 # 457 Dunn, Paul	M40 Ashburn, VA	5:41.82	3

W50 1 Mile Run

Name	Age Team	Finals	H#
1 # 587 Whitestone, Yuko	W50 Fairfax, VA	6:26.06	2

M55 1 Mile Run

Name	Age Team	Finals	H#
1 # 604 Johnston, Chris	M58 Alexandria, VA	7:18.98	3

M60 1 Mile Run

Name	Age Team	Finals	H#
1 # 588 Wigglesworth, Hen	M64 Washington, DC	5:48.58	3
2 # 530 McLaughlin, Terry	M61 Spotsylvania, VA	6:23.03	3
3 # 552 Poulos, Ted	M60 McLean, VA	7:46.79	3

M65 1 Mile Run

Name	Age Team	Finals	H#
1 # 454 Draim, Robert	M68 Alexandria, VA	10:22.43	2

W65 1 Mile Run

Name	Age Team	Finals	H#
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1 #	523	Mayhugh, Mary Low	W66	Washington, DC	7:42.02	2
2 #	422	Blank, Betty	W69	Falls Church, VA	9:10.71	2

M70 1 Mile Run

Name	Age	Team	Finals	H#		
1 #	458	Eddy, Dan	M71	Alexandria, VA	6:38.15	3
2 #	557	Ryan, Paul	M71	Arlington, VA	6:38.60	3
3 #	444	Conover, David	M71	Great Falls, VA	7:26.59	3

Mixed 3000 Meter Run

Name	Age	Team	Finals	
1 #	478	Guevara, Peter	M28 Falls Church, VA	10:44.00
2 #	457	Dunn, Paul	M40 Ashburn, VA	11:39.29
3 #	530	McLaughlin, Terry	M61 Spotsylvania, VA	13:01.13
4 #	557	Ryan, Paul	M71 Arlington, VA	13:05.27
5 #	552	Poulos, Ted	M60 McLean, VA	15:26.20
6 #	422	Blank, Betty	W69 Falls Church, VA	17:00.89

M30 5000 Meter Run

Name	Age	Team	Finals	
1 #	447	Daniels, Tommy	M30 Fredericksburg, VA	22:45.84

W50 5000 Meter Run

Name	Age	Team	Finals	
1 #	587	Whitestone, Yuko	W50 Fairfax, VA	22:03.94

M60 5000 Meter Run

Name	Age	Team	Finals	
1 #	588	Wigglesworth, Hen	M64 Washington, DC	19:29.44
2 #	552	Poulos, Ted	M60 McLean, VA	24:23.44
3 #	560	Scarborough, Jame	M64 McLean, VA	24:29.14

W30 10000 Meter Run

Name	Age	Team	Finals	
1 #	446	Daniels, Natalie	W30 Fredericksburg, VA	38:02.84

M60 10000 Meter Run

Name	Age	Team	Finals	
1 #	552	Poulos, Ted	M60 McLean, VA	49:49.04

W45 80 Short Hurdles

Name	Age	Team	Finals	Wind
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1 #	525 McFarland, Casi	W48 Kensington, VA	16.47	0.4
2 #	462 Ewing-Johnson, Ti	W47 Hillside, NJ	17.36	0.4

M70 80 Short Hurdles

Name	Age Team	Finals	Wind
1 # 594 Young, Jeff	M73 McLean, VA	19.43	0.4

W13-14 100 Short Hurdles

Name	Age Team	Finals	Wind
1 # 572 Strong, Vivien	W13 Colorado Springs, C	19.19	0.6

Mixed 200 Long Hurdles

Name	Age Team	Finals	Wind
1 # 554 Rhoad, William	M81 Raleigh, NC	1:13.90	NWI

Mixed 300 Long Hurdles

Name	Age Team	Finals
1 # 595 Zukas, Robert	M78 Saxonburg, PA	1:17.52

Mixed 400 Long Hurdles

Name	Age Team	Finals
1 # 601 Hickey, Tim	M49 Richmond, VA	1:21.65

M60 2000 Meter Steeplechase

Name	Age Team	Finals
1 # 552 Poulos, Ted	M60 McLean, VA	10:25.23

M65 2000 Meter Steeplechase

Name	Age Team	Finals
1 # 439 Chelios, Tim	M66 Brookhaven, PA	12:19.75

W65 2000 Meter Steeplechase

Name	Age Team	Finals
1 # 523 Mayhugh, Mary Low	W66 Washington, DC	11:22.72
2 # 553 Recto, Liza	W66 Lexington Park, MD	12:29.79

W70 2000 Meter Steeplechase

Name	Age Team	Finals
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1 # 548 Phillips, Hannah W70 Alexandria, VA 11:46.01

W85 2000 Meter Steeplechase

Name	Age Team	Finals
1 # 476 Graf, Tami	W86 Lusby, MD	20:53.73

M40 3000 Meter Steeplechase

Name	Age Team	Finals
1 # 583 Walchinsky, Mark	M43 Alexandria, VA	13:20.01

M50 3000 Meter Steeplechase

Name	Age Team	Finals
1 # 438 Chasse, Craig	M53 Reston, VA	13:10.34

M19-24 4x100 Meter Relay

Team	Finals
1 Pony Express 'A'	1:08.05
1) #435 Carroll, Tyke 24	2) #531 Mitchell, Gerald 59
3) #421 Billingsley, John 64	4) #570 Spruill, Willie 64

M25-29 4x400 Meter Relay

Team	Finals
1 Athletics East TC 'A'	4:49.47
1) #580 Van Tassel, Josh 57	2) #581 Vanderhoof, Gary 66
3) #576 Todd, Blair 44	4) #478 Guevara, Peter 28

W13-14 High Jump

Name	Age Team	Finals	H#
1 # 549 Pierce, Elaina	W14 Charlottesville, VA	1.27m	4-02.00

M13-14 High Jump

Name	Age Team	Finals	H#
1 # 484 Hickey, Ray	M14 Washington, DC	1.32m	4-04.00

M15-16 High Jump

Name	Age Team	Finals	H#
1 # 502 Knudson, Jonas	M16 Falls Church, VA	1.60m	5-03.00 3

W15-16 High Jump

Name	Age Team	Finals	H#
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1 #	434 Carrigan, Alysa	W16 Leesburg, VA	1.63m	5-04.25	3
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W25-29 High Jump

Name	Age Team	Finals	H#
1 #	488 Hui, G	W27 Arlington, VA	1.20m 3-11.25 2

M40 High Jump

Name	Age Team	Finals	H#
1 #	528 McGinley, Patrick	M44 Vienna, VA	1.45m 4-09.00 3
2 #	576 Todd, Blair	M44 Yorktown, VA	1.40m 4-07.00 2

M45 High Jump

Name	Age Team	Finals	H#
1 #	501 Knudson, Adam	M47 Falls Church, VA	J1.50m 4-11.00 3
2 #	601 Hickey, Tim	M49 Richmond, VA	J1.50m 4-11.00 2

M50 High Jump

Name	Age Team	Finals	H#
1 #	416 Barr, James	M54 Arlington, VA	1.40m 4-07.00 2

M60 High Jump

Name	Age Team	Finals	H#
1 #	524 McBarnette, Bruce	M62 Sterling, VA	1.63m 5-04.25 3

M65 High Jump

Name	Age Team	Finals	H#
1 #	591 Willis, Gibson	M69 Alexandria, VA	1.30m 4-03.25 2
2 #	539 Nakazawa, Roger	M65 Great Falls, VA	1.17m 3-10.00 2
3 #	506 Kopp, Steven	M69 Harrisonburg, VA	1.15m 3-09.25 2

M70 High Jump

Name	Age Team	Finals	H#
1 #	540 Nezet, Gerard	M71 Arlington, VA	1.30m 4-03.25 2
2 #	520 Mathis, William K	M70 Sykesville, MD	1.10m 3-07.25 2
3 #	433 Campbell, Scott	M71 Springfield, VA	0.80m 2-07.50 2

M75 High Jump

Name	Age Team	Finals	H#
1 #	518 Marovich, Dave	M79 Chalfont, PA	0.91m 2-11.75 2

M80 High Jump

Name	Age Team	Finals	H#
1 # 500 Kline, Barry	M82 Washington, PA	1.15m 3-09.25	2
2 # 554 Rhoad, William	M81 Raleigh, NC	0.85m 2-09.50	2

M40 Pole Vault

Name	Age Team	Finals
1 # 528 McGinley, Patrick	M44 Vienna, VA	2.18m 7-01.75

M60 Pole Vault

Name	Age Team	Finals
1 # 495 Kelley, Steve	M63 Richmond, VA	2.52m 8-03.25

M75 Pole Vault

Name	Age Team	Finals
1 # 499 Klehm, Dick	M78 Fredericksburg, VA	1.85m 6-00.75

M7-8 Long Jump

Name	Age Team	Finals	Wind
1 # 565 Simpson, Logan	M7 Bowie, MD	2.51m	NWI 8-03.00
2 # 481 Hernandez, Rylan	M7 Arnold, MD	2.29m	NWI 7-06.25

W7-8 Long Jump

Name	Age Team	Finals	Wind
1 # 526 McGinley, Alice	W8 Vienna, VA	2.13m	NWI 7-00.00

W9-10 Long Jump

Name	Age Team	Finals	Wind
1 # 480 Hernandez, Alexa	W9 Arnold, MD	3.54m	NWI 11-07.50
2 # 482 Hickey, Ella	W10 Washington, DC	2.97m	NWI 9-09.00
3 # 564 Simpson, Arielle	W9 Bowie, MD	2.90m	NWI 9-06.25

W13-14 Long Jump

Name	Age Team	Finals	Wind
1 # 549 Pierce, Elaina	W14 Charlottesville, VA	3.90m	NWI 12-09.50

M15-16 Long Jump

Name	Age Team	Finals	Wind	H#
1 # 502 Knudson, Jonas	M16 Falls Church, VA	5.91m	NWI 19-04.75	3

2 #	542 Padgett, Jay	M15 Washington, MD	5.54m	NWI	18-02.25	1
3 #	545 Peace, Johnnie	M15 Silver Spring, MD	5.42m	NWI	17-09.50	3

M17-18 Long Jump

Name	Age Team	Finals	Wind	H#
1 # 408 Ashbrook, Quinn	M17 Nokesville, VA	6.01m	NWI	19-08.75 3

W25-29 Long Jump

Name	Age Team	Finals	Wind	H#
1 # 488 Hui, G	W27 Arlington, VA	4.11m	NWI	13-06.00 2

W40 Long Jump

Name	Age Team	Finals	Wind	H#
1 # 516 Majors, Ann	W44 Winston-Salem, NC	4.05m	NWI	13-03.50 2

M40 Long Jump

Name	Age Team	Finals	Wind	H#
1 # 441 Clark, Tez	M43 Washington, DC, DC	5.19m	NWI	17-00.50 3
2 # 576 Todd, Blair	M44 Yorktown, VA	5.18m	NWI	17-00.00 3
3 # 528 McGinley, Patrick	M44 Vienna, VA	4.97m	NWI	16-03.75 3

W45 Long Jump

Name	Age Team	Finals	Wind	H#
1 # 525 McFarland, Casi	W48 Kensington, VA	3.84m	NWI	12-07.25 2
2 # 462 Ewing-Johnson, Ti	W47 Hillside, NJ	3.48m	NWI	11-05.00 2

W55 Long Jump

Name	Age Team	Finals	Wind	H#
1 # 420 Battle, Tracey	W55 Silver Spring, MD	4.16m	NWI	13-07.75 2

M70 Long Jump

Name	Age Team	Finals	Wind	H#
1 # 594 Young, Jeff	M73 McLean, VA	3.63m	NWI	11-11.00 2
2 # 520 Mathis, William K	M70 Sykesville, MD	3.03m	NWI	9-11.25 2

W70 Long Jump

Name	Age Team	Finals	Wind	H#
1 # 548 Phillips, Hannah	W70 Alexandria, VA	3.21m	NWI	10-06.50 2

M75 Long Jump

Name	Age	Team	Finals	Wind	H#
1 # 518 Marovich, Dave	M79	Chalfont, PA	2.24m	NWI	7-04.25 2

M80 Long Jump

Name	Age	Team	Finals	Wind	H#
1 # 554 Rhoad, William	M81	Raleigh, NC	1.73m	NWI	5-08.25 2

M15-16 Triple Jump

Name	Age	Team	Finals	Wind
1 # 545 Peace, Johnnie	M15	Silver Spring, MD	10.62m	NWI 34-10.25

M17-18 Triple Jump

Name	Age	Team	Finals	Wind
1 # 408 Ashbrook, Quinn	M17	Nokesville, VA	11.07m	NWI 36-04.00

M40 Triple Jump

Name	Age	Team	Finals	Wind
1 # 528 McGinley, Patrick	M44	Vienna, VA	10.61m	NWI 34-09.75

M55 Triple Jump

Name	Age	Team	Finals	Wind
1 # 559 Samiec, James	M56	Trappe, VA	9.00m	NWI 29-06.50

W55 Triple Jump

Name	Age	Team	Finals	Wind
1 # 420 Battle, Tracey	W55	Silver Spring, MD	8.98m	NWI 29-05.50

M65 Triple Jump

Name	Age	Team	Finals	Wind
1 # 539 Nakazawa, Roger	M65	Great Falls, VA	7.77m	NWI 25-06.00

W70 Triple Jump

Name	Age	Team	Finals	Wind
1 # 548 Phillips, Hannah	W70	Alexandria, VA	6.10m	NWI 20-00.25

M70 Triple Jump

Name	Age	Team	Finals	Wind
1 # 594 Young, Jeff	M73	McLean, VA	7.26m	NWI 23-10.00

2 # 520 Mathis, William K M70 Sykesville, MD 6.73m NWI 22-01.00

M75 Triple Jump

Name	Age Team	Finals	Wind
1 # 518 Marovich, Dave	M79 Chalfont, PA	4.44m	NWI 14-07.00

M80 Triple Jump

Name	Age Team	Finals	Wind
1 # 554 Rhoad, William	M81 Raleigh, NC	3.41m	NWI 11-02.25

W7-8 Shot Put

Name	Age Team	Finals
1 # 526 McGinley, Alice	W8 Vienna, VA	4.17m 13-08.25

W13-14 Shot Put

Name	Age Team	Finals	H#
1 # 417 Barr, Olivia	W13 Arlington, VA	12.45m 40-10.25	3

M17-18 Shot Put

Name	Age Team	Finals	H#
1 # 468 Friedman, Jonah	M17 Arlington, VA	16.03m 52-07.25	4

M19-24 Shot Put

Name	Age Team	Finals	H#
1 # 590 Williams, Nathan	M20 Owings Mills, MD	13.20m 43-03.75	4

M30 Shot Put

Name	Age Team	Finals	H#
1 # 429 Brubaker, Shawn	M31 Washington, DC	10.93m 35-10.50	4

M40 Shot Put

Name	Age Team	Finals	H#
1 # 584 Wells, Jason	M44 Alexandria, VA	10.84m 35-06.75	4
2 # 403 Adeleke, Anthony	M41 Ypsilanti, MI	9.76m 32-00.25	4
3 # 528 McGinley, Patrick	M44 Vienna, VA	8.79m 28-10.25	4

W40 Shot Put

Name	Age Team	Finals	H#
1 # 497 Kelly, Nicole	W41 Greensboro, NC	9.93m 32-07.00	2

W50 Shot Put

Name	Age Team	Finals	H#
1 # 550 Pierce, Erika	W51 Charlottesville, VA	10.30m 33-09.50	2

W55 Shot Put

Name	Age Team	Finals	H#
1 # 437 Chase, Freda	W59 Washington, DC	6.25m 20-06.25	2

M55 Shot Put

Name	Age Team	Finals	H#
1 # 515 MacDonald, Craig	M57 Philadelphia, PA	12.89m 42-03.50	4
2 # 404 Alcorn, Charles	M58 Ashburn, VA	11.93m 39-01.75	4

W60 Shot Put

Name	Age Team	Finals	H#
1 # 442 Class, Emilie	W60 Freeland, MD	9.76m 32-00.25	2
2 # 496 Kelly, Linda	W62 Williamsburg, VA	7.70m 25-03.25	2

M65 Shot Put

Name	Age Team	Finals	H#
1 # 418 Barrineau, James	M67 Athens, GA	10.47m 34-04.25	3
2 # 439 Chelios, Tim	M66 Brookhaven, PA	6.77m 22-02.50	3

M70 Shot Put

Name	Age Team	Finals	H#
1 # 594 Young, Jeff	M73 McLean, VA	10.29m 33-09.25	3
2 # 494 Kalnas, Michael	M71 Paulsboro, NJ	8.93m 29-03.75	3
3 # 520 Mathis, William K	M70 Sykesville, MD	8.16m 26-09.25	3

M75 Shot Put

Name	Age Team	Finals	H#
1 # 533 Morgan, Curtis	M79 Falls Church, VA	7.54m 24-09.00	3
2 # 518 Marovich, Dave	M79 Chalfont, PA	6.85m 22-05.75	3

W80 Shot Put

Name	Age Team	Finals	H#
1 # 477 Green, Rose	W84 Upper Marlboro, MD	5.74m 18-10.00	2

M80 Shot Put

Name	Age Team	Finals	H#
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Name	Age Team	Finals	H#
1 # 498 Kenney, James	M81 White Plains, MD	10.04m 32-11.25	3

W13-14 Discus Throw

Name	Age Team	Finals	H#
1 # 417 Barr, Olivia	W13 Arlington, VA	29.41m 96-06	2

M17-18 Discus Throw

Name	Age Team	Finals	H#
1 # 468 Friedman, Jonah	M17 Arlington, VA	51.50m 168-11	3

W17-18 Discus Throw

Name	Age Team	Finals	H#
1 # 445 Cope, Gabby	W17 Owings, MD	37.78m 123-11	

M19-24 Discus Throw

Name	Age Team	Finals	H#
1 # 590 Williams, Nathan	M20 Owings Mills, MD	41.37m 135-09	3

M30 Discus Throw

Name	Age Team	Finals	H#
1 # 436 Cerminara, John	M31 Richmond, VA	51.04m 167-05	3

M50 Discus Throw

Name	Age Team	Finals	H#
1 # 509 Lawson, Kunle	M50 Maryville, TN	42.94m 140-10	3

M55 Discus Throw

Name	Age Team	Finals	H#
1 # 427 Brown, Dan	M56 Richmond, VA	40.05m 131-05	3
2 # 515 MacDonald, Craig	M57 Philadelphia, PA	38.79m 127-03	3

W55 Discus Throw

Name	Age Team	Finals	H#
1 # 544 Pan, Maureen	W59 Fairfax, VA	25.58m 83-11	
2 # 437 Chase, Freda	W59 Washington, DC	16.55m 54-03	

M60 Discus Throw

Name	Age Team	Finals	H#
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1 #	579	Tozer, Bentz	M62	Lewisberry, PA	30.59m	100-04	2
2 #	471	Georgiou, Andreas	M61	Darnestown, MD	27.60m	90-07	2

W60 Discus Throw

Name	Age	Team	Finals	H#
1 #	442	Class, Emilie	W60 Freeland, MD	29.26m 96-00
2 #	541	Ninomiya, Lisa	W61 Vienna, VA	22.36m 73-04
3 #	496	Kelly, Linda	W62 Williamsburg, VA	17.60m 57-09

M65 Discus Throw

Name	Age	Team	Finals	H#
1 #	493	Kalnas, John	M66 Gibbontown, NJ	38.50m 126-04 2
2 #	418	Barrineau, James	M67 Athens, GA	34.54m 113-04 2

W65 Discus Throw

Name	Age	Team	Finals	H#
1 #	553	Recto, Liza	W66 Lexington Park, MD	13.30m 43-08

M70 Discus Throw

Name	Age	Team	Finals	H#
1 #	491	Jordan, Rufus	M73 Smyrna, DE	30.89m 101-04 2
2 #	520	Mathis, William K	M70 Sykesville, MD	23.63m 77-06 2
3 #	494	Kalnas, Michael	M71 Paulsboro, NJ	22.50m 73-10 2

M75 Discus Throw

Name	Age	Team	Finals	H#
1 #	518	Marovich, Dave	M79 Chalfont, PA	24.10m 79-01 2
2 #	513	Levendis, George	M79 Arlington, VA	22.91m 75-02 2
3 #	533	Morgan, Curtis	M79 Falls Church, VA	22.58m 74-01 2

W80 Discus Throw

Name	Age	Team	Finals	H#
1 #	477	Green, Rose	W84 Upper Marlboro, MD	16.71m 54-10

M19-24 Hammer Throw

Name	Age	Team	Finals	H#
1 #	590	Williams, Nathan	M20 Owings Mills, MD	47.84m 156-11

M30 Hammer Throw

Name	Age	Team	Finals	H#
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1 # 429 Brubaker, Shawn M31 Washington, DC 44.05m 144-06

M40 Hammer Throw

Name	Age Team	Finals
1 # 551 Porter Jr, John	M44 Columbia, MD	48.50m 159-01

W40 Hammer Throw

Name	Age Team	Finals
1 # 497 Kelly, Nicole	W41 Greensboro, NC	15.33m 50-03

W45 Hammer Throw

Name	Age Team	Finals
1 # 490 Ingles, Penelope	W46 Falls Church, VA	29.87m 98-00

W60 Hammer Throw

Name	Age Team	Finals
1 # 496 Kelly, Linda	W62 Williamsburg, VA	20.75m 68-01

M60 Hammer Throw

Name	Age Team	Finals
1 # 579 Tozer, Bentz	M62 Lewisberry, PA	37.82m 124-01

M70 Hammer Throw

Name	Age Team	Finals
1 # 491 Jordan, Rufus	M73 Smyrna, DE	40.17m 131-09
2 # 494 Kalnas, Michael	M71 Paulsboro, NJ	24.53m 80-06

M75 Hammer Throw

Name	Age Team	Finals
1 # 535 Moss, Ken	M75 Leesburg, PA	47.52m 155-11
2 # 518 Marovich, Dave	M79 Chalfont, PA	24.37m 79-11
3 # 533 Morgan, Curtis	M79 Falls Church, VA	23.11m 75-10

M15-16 Javelin Throw

Name	Age Team	Finals
1 # 502 Knudson, Jonas	M16 Falls Church, VA	40.88m 134-01

W17-18 Javelin Throw

Name	Age Team	Finals	H#
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1 # 445 Cope, Gabby W17 Owings, MD 21.18m 69-06 2

M19-24 Javelin Throw

Name	Age Team	Finals	
1 # 419 Bass, Xavier	M23 Richmond, VA	32.88m	107-10

M40 Javelin Throw

Name	Age Team	Finals	
1 # 528 McGinley, Patrick	M44 Vienna, VA	34.43m	112-11

W40 Javelin Throw

Name	Age Team	Finals	H#
1 # 497 Kelly, Nicole	W41 Greensboro, NC	33.93m	111-04 2

W50 Javelin Throw

Name	Age Team	Finals	H#
1 # 550 Pierce, Erika	W51 Charlottesville, VA	31.40m	103-00 2

M55 Javelin Throw

Name	Age Team	Finals	
1 # 515 MacDonald, Craig	M57 Philadelphia, PA	40.06m	131-05

W55 Javelin Throw

Name	Age Team	Finals	H#
1 # 437 Chase, Freda	W59 Washington, DC	14.42m	47-04 2

M60 Javelin Throw

Name	Age Team	Finals	
1 # 409 Atkin, Brian	M61 Culpeper, VA	40.80m	133-10

W60 Javelin Throw

Name	Age Team	Finals	H#
1 # 442 Class, Emilie	W60 Freeland, MD	24.75m	81-02 2
2 # 541 Ninomiya, Lisa	W61 Vienna, VA	21.71m	71-03 2

M70 Javelin Throw

Name	Age Team	Finals	
1 # 520 Mathis, William K	M70 Sykesville, MD	25.50m	83-08

M75 Javelin Throw

Name	Age Team	Finals
1 # 450 Decot, Paul	M76 Fairfax, VA	33.13m 108-08
2 # 518 Marovich, Dave	M79 Chalfont, PA	19.10m 62-08

M80 Javelin Throw

Name	Age Team	Finals
1 # 498 Kenney, James	M81 White Plains, MD	30.66m 100-07

M17-18 Weight Throw

Name	Age Team	Finals
1 # 589 Williams, Euseeke	M17 Alexandria, VA	11.13m 36-06.25

M19-24 Weight Throw

Name	Age Team	Finals
1 # 590 Williams, Nathan	M20 Owings Mills, MD	15.58m 51-01.50

M40 Weight Throw

Name	Age Team	Finals
1 # 551 Porter Jr, John	M44 Columbia, MD	15.32m 50-03.25

W40 Weight Throw

Name	Age Team	Finals
1 # 497 Kelly, Nicole	W41 Greensboro, NC	7.10m 23-03.50

W55 Weight Throw

Name	Age Team	Finals
1 # 437 Chase, Freda	W59 Washington, DC	6.24m 20-05.75

M60 Weight Throw

Name	Age Team	Finals
1 # 579 Tozer, Bentz	M62 Lewisberry, PA	14.32m 46-11.75

W60 Weight Throw

Name	Age Team	Finals
1 # 496 Kelly, Linda	W62 Williamsburg, VA	8.21m 26-11.25

M70 Weight Throw

Name	Age Team	Finals
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Name	Age Team	Finals
1 # 491 Jordan, Rufus	M73 Smyrna, DE	14.72m 48-03.50
2 # 520 Mathis, William K	M70 Sykesville, MD	9.74m 31-11.50
3 # 494 Kalnas, Michael	M71 Paulsboro, NJ	9.13m 29-11.50

M75 Weight Throw

Name	Age Team	Finals
1 # 535 Moss, Ken	M75 Leesburg, PA	19.86m 65-02.00
2 # 533 Morgan, Curtis	M79 Falls Church, VA	10.68m 35-00.50
3 # 518 Marovich, Dave	M79 Chalfont, PA	10.25m 33-07.50
4 # 546 Pearce, James W	M77 Columbia, MD, MD	8.23m 27-00.00

M80 Weight Throw

Name	Age Team	Finals
1 # 498 Kenney, James	M81 White Plains, MD	12.15m 39-10.50

M40 Super Weight

Name	Age Team	Finals
1 # 551 Porter Jr, John	M44 Columbia, MD	9.35m 30-08.25

M60 Super Weight

Name	Age Team	Finals
1 # 579 Tozer, Bentz	M62 Lewisberry, PA	6.95m 22-09.75

W60 Super Weight

Name	Age Team	Finals
1 # 496 Kelly, Linda	W62 Williamsburg, VA	5.79m 19-00.00

M65 Super Weight

Name	Age Team	Finals
1 # 439 Chelios, Tim	M66 Brookhaven, PA	4.34m 14-03.00

M70 Super Weight

Name	Age Team	Finals
1 # 491 Jordan, Rufus	M73 Smyrna, DE	8.41m 27-07.25

M75 Super Weight

Name	Age Team	Finals
1 # 535 Moss, Ken	M75 Leesburg, PA	10.71m 35-01.75
2 # 518 Marovich, Dave	M79 Chalfont, PA	5.16m 16-11.25

3 # 546 Pearce, James W M77 Columbia, MD, MD 4.42m 14-06.00

M80 Super Weight

Name	Age Team	Finals
1 # 498 Kenney, James	M81 White Plains, MD	6.95m 22-09.75

M60 1 Mile Race Walk Power Walk

Name	Age Team	Finals
1 # 530 McLaughlin, Terry	M61 Spotsylvania, VA	12:59.57

M60 1 Mile Race Walk

Name	Age Team	Finals
1 # 530 McLaughlin, Terry	M61 Spotsylvania, VA	12:06.53

W65 1 Mile Race Walk Power Walk

Name	Age Team	Finals
1 # 407 Anfilofyeva, Liou	W66 Alexandria, VA	13:38.37

W65 1 Mile Race Walk

Name	Age Team	Finals
1 # 474 Good, Keg	W65 Woodstock, VA	12:03.58
2 # 407 Anfilofyeva, Liou	W66 Alexandria, VA	13:30.41
3 # 479 Hancock, Elizabet	W69 Falls Church, VA	13:43.41
4 # 537 Myers, Helene	W67 Columbia, MD	13:48.48

W70 1 Mile Race Walk Power Walk

Name	Age Team	Finals
1 # 548 Phillips, Hannah	W70 Alexandria, VA	11:47.05

M70 1 Mile Race Walk

Name	Age Team	Finals
1 # 534 Morrison, John	M73 Essex, MD	11:06.22
2 # 410 Augustine, Tom	M72 Woodbridge, VA	12:05.11

M75 1 Mile Race Walk

Name	Age Team	Finals
1 # 472 Gersh, John	M75 Columbia, MD, MD	10:55.60

M80 1 Mile Race Walk Power Walk

Name	Age Team	Finals
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 1 # 483 Hickey, Jim M82 Richmond, VA 15:41.91
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Mixed 3000 Meter Race Walk

Name	Age	Team	Finals
1 # 449 Davis, James	M65	University Park, MD	20:34.91
2 # 439 Chelios, Tim	M66	Brookhaven, PA	21:28.18
3 # 472 Gersh, John	M75	Columbia, MD, MD	21:33.45
4 # 534 Morrison, John	M73	Essex, MD	22:54.61
5 # 553 Recto, Liza	W66	Lexington Park, MD	22:57.64
6 # 530 McLaughlin, Terry	M61	Spotsylvania, VA	23:25.74
7 # 410 Augustine, Tom	M72	Woodbridge, VA	24:07.27
8 # 407 Anfilofyeva, Liou	W66	Alexandria, VA	25:54.50
9 # 479 Hancock, Elizabet	W69	Falls Church, VA	28:01.53

Mixed 5000 Meter Race Walk

Name	Age	Team	Finals
1 # 439 Chelios, Tim	M66	Brookhaven, PA	34:42.64
2 # 534 Morrison, John	M73	Essex, MD	36:15.81
3 # 472 Gersh, John	M75	Columbia, MD, MD	36:18.39
4 # 530 McLaughlin, Terry	M61	Spotsylvania, VA	38:41.22
5 # 479 Hancock, Elizabet	W69	Falls Church, VA	46:09.88

Female Throws Pentathlon													
Age	First	Last	Total Score	HT	SP	DT	JT	WT					
35	Stephanie	Lawson	1714	19.59	310	7.46	382	25.64	398	17.01	253	7.32	371
85	Tami	Graf	2448	13.75	596	4.26	541	9.80	458	6.58	327	6.10	526
65	Keg	Good	2327	14.88	393	6.51	582	16.00	438	14.56	410	7.69	504

Male Throws Pentathlon													
Age	First	Last	Total Score	HT	SP	DT	JT	WT					
75	Bill	Gainey	3103	28.32	622	9.60	693	29.61	714	20.10	414	11.15	660
81	James	Kenney	3528	24.37	601	9.95	788	20.37	534	31.83	839	11.92	766
79	Dave	Marovich	2363	23.77	499	6.60	440	24.23	558	17.65	347	9.11	519
59	Scott	Werber	2610	30.30	509	8.84	560	34.12	622	24.60	340	10.93	579
77	James W	Pearce	2104	23.06	480	7.19	489	20.93	464	13.39	234	7.93	437
17	Euseekers	Williams	0	ND	0	10.28	0	FOUL	0	10.21	0	8.92	0
50	Kunle	Lawson	3333	40.93	653	11.81	719	42.65	737	31.80	428	15.33	796
61	Curt	Foianini	3379	36.54	640	10.67	686	43.84	800	35.20	585	13.27	668
54	James	Barr	2751	31.58	471	11.33	684	29.71	471	36.20	507	12.35	618

Male Outdoor Pentathlon													
Age	First	Last	Total Score	LJ	JT	200m	DT	1500m					
54	Chuck	Kruelle	2711	4.43	469	33.28	455	27.72	626	29.21	461	5:17.10	700
71	Glen	Allen	3081	3.59	567	29.38	579	30.61	748	27.56	568	6:49.67	619
44	Patrick	Mcginley	1632	5.05	481	32.92	381	28.95	404	22.64	366	DNF	0
38	Raffaele	Simpson	2069	5.05	423	30.01	305	26.74	500	22.80	331	5:11.59	510
78	Robert	Zukas	2438	3.06	483	30.57	706	40.04	318	20.40	449	7:58.83	482
47	Adam	Knudson	2086	5.12	567	30.50	381	27.95	539	24.58	457	7:11.82	142
70	Eric	Teagarden	2744	3.46	523	32.40	654	35.95	413	26.63	544	6:51.80	610
56	Todd	koos	2547	4.78	646	27.85	403	28.18	664	24.71	414	6:30.79	420