

2022 PVTC Fall Hammer and Ultra Weight Throws Pentathlon Meet #2

Alexandria, VA

11/6/2022

Officials: Marguerite Matthews, Penelope Ingles, Craig Chasse

Volunteers: Afshin Pashai, Craig MacDonald, Terry Noyes, John Porter, Olivia Barr, James Barr

Hammer Throw

M14	3k	Daniel Pashai	McLean, VA	24.61 m
M40	16lb	John Porter	Columbia, VA	47.76 m
M50	6k	James Barr	Arlington, VA	36.98 m
M55	6k	Craig MacDonald	Philadelphia, PA	29.87 m
M60	5k	Terry Noyes	Harrisburg, PA	48.20 m
M70	4k	Rufus Jordan	Smyrna, DE	36.79 m
W8	500g	Sage Colby	Pikesville, MD	17.31 m
W14	3k	Olivia Barr	Arlington, VA	33.98 m
	4k	Olivia Barr	Arlington, VA	27.90 m
W30	4k	Mia Callenberg	Washington, DC	36.86 m
W45	4k	Stephanie Colby	Pikesville, MD	32.53 m
	4k	Penny Ingles	Arlington, VA	29.93 m
W65	3k	Delores Grandison	Townsend, DE	28.71 m
W70	3k	Linda Harper	Hopewell, VA	20.80 m
W85	2k	Tami Graf	Lusby, MD	15.40 m

Weight Throw

M14	12lb	Daniel Pashai	McLean, VA	11.42 m
M18	25lb	Bernard Hudson	Glen Burnie, MD	8.09 m
M40	35lb	John Porter	Columbia, MD	13.92 m
M50	25lb	James Barr	Arlington, VA	14.06 m
	11kg	James Barr	Arlington, VA	15.45 m
M55	25lb	Craig MacDonald	Philadelphia, PA	13.73 m
M60	20lb	Terry Noyes	Pikesville, MD	16.95 m
M70	16lb	Rufus Jordan	Smyrna, DE	15.00 m
W14	12lb	Olivia Barr	Arlington, VA	11.94 m
W45	20lb	Stephanie Colby	Pikesville, MD	11.17 m
W65	12lb	Delores Grandison	Townsend, DE	12.14 m
W70	12lb	Linda Harper	Hopewell, VA	9.80 m

W85	4k	Tami Graf	Lusby, MD	5.92 m
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Super Weight Throw

M14	16lb	Daniel Pashai	McLean, VA	7.68 m
M18	35lb	Bernard Hudson	Glen Burnie, MD	5.43 m
M40	56lb	John Porter	Columbia, MD	8.52 m
M50	56lb	James Barr	Arlington, VA	6.87 m
M55	56lb	Craig MacDonald	Philadelphia, PA	6.08 m
M60	44lb	Terry Noyes	Harrisburg, PA	9.01 m
M70	35lb	Rufus Jordan	Smyrna, DE	7.93 m
W14	16lb	Olivia Barr	Arlington, VA	10.35 m
W45	35lb	Stephanie Colby	Pikesville, MD	6.22 m
W65	20lb	Delores Grandison	Townsend, DE	7.41 m
W85	16lb	Tami Graf	Lusby, MD	5.17 m

Ultra Weight 1

M14	20lb	Daniel Pashai	McLean, VA	6.23 m
M40	98lb	John Porter	Columbia, MD	4.14 m
M50	98lb	James Barr	Arlington, VA	3.57 m
M55	98lb	Craig MacDonald	Philadelphia, PA	3.55 m
M60	56lb	Terry Noyes	Harrisburg, PA	7.52 m
M70	44lb	Rufus Jordan	Smyrna, DE	6.21 m
W14	20lb	Olivia Barr	Arlington, VA	8.75 m
W65	25lb	Delores Grandison	Townsend, DE	4.50 m
W85	20lb	Tami Graf	Lusby, MD	3.25 m

Ultra Weight 2

M14	25lb	Daniel Pashai	McLean, VA	5.02 m
M40	200lb	John Porter	Columbia, MD	2.12 m
M50	200lb	James Barr	Arlington, VA	1.70 m
M55	200lb	Craig MacDonald	Philadelphia, PA	1.28 m
M60	98lb	Terry Noyes	Harrisburg, PA	2.63 m
M70	56lb	Rufus Jordan	Smyrna, DE	5.14 m
W14	25lb	Olivia Barr	Arlington, VA	6.13 m
W65	35lb	Delores Grandison	Townsend, DE	4.12 m
W85	25lb	Tami Graf	Lusby, MD	2.53 m

Ultra Weight 3

M14	35lb	Daniel Pashai	McLean, VA	3.53 m
M40	300lb	John Porter	Columbia, MD	1.28 m
M50	300lb	James Barr	Arlington, VA	1.02 m
M55	300lb	Craig MacDonald	Philadelphia, PA	0.68 m
M60	200lb	Terry Noyes	Harrisburg, PA	1.22 m
M70	98lb	Rufus Jordan	Smyrna, DE	2.18 m
W14	35lb	Olivia Barr	Arlington, VA	5.30 m
W65	44lb	Delores Grandison	Townsend, DE	3.44 m
W85	35lb	Tami Graf	Lusby, MD	1.95 m

Ultra Weight Pentathlon Scoring

Age	Name		Total	PI	WT	WT Pts	SWT	SWT Pts	UW1	UW1 Pts	UW2	UW2 Pts	UW3	UW3 Pts
M14	Daniel Pashai*	McLean, VA	3006	1	11.42	670	7.68	580	6.23	591	5.02	645	3.53	520
M44	John Porter	Columbia, MD	3411	1	13.92	745	8.52	726	4.14	737	2.12	632	1.28	571
M54	James Barr	Arlington, VA	3225	1	14.06	720	6.87	671	3.57	736	1.70	579	1.02	519
M58	Craig MacDonald	Philadelphia, PA	3001	1	13.73	758	6.08	640	3.55	804	1.28	453	0.68	346
M61	Terry Noyes	Harrisburg, PA	3637	1	16.95	888	9.01	811	7.52	875	2.63	605	1.22	458
M73	Rufus Jordan	Smyrna, DE	3467	1	15.00	856	7.93	666	6.21	649	5.14	695	2.18	601
W14	Olivia Barr*	Arlington, VA	4051	1	11.84	730	10.35	860	8.75	761	6.13	799	5.30	901
W66	Delores Grandison	Townsend, DE	3608	1	12.14	869	7.41	753	4.50	542	4.12	702	3.44	742
W87	Tami Graf	Lusby, MD	2903	1	5.92	507	5.17	764	3.25	546	2.53	528	1.95	558

*Youth Ultra Scores are estimated and unofficial for USATF Youth.